day care

COVID-19 CORONAVIRUS DISEASE

BE INFORMED:

Know Your Risk During COVID-19

On a scale of 1 to 10, how risky is...

Ranked by physicians from the TMA COVID-19 Task Force and the TMA Committee on Infectious Diseases.

Please assume that participants in these activities are following currently recommended safety protocols when possible.



Physicians Caring for Texans

2	Getting restaurant takeout
2	Pumping gasoline
2	Playing tennis
2	Going camping
3	Grocery shopping
3	Going for a walk, run, or bike ride with others
3	Playing golf
4	Staying at a hotel for two nights
4	Sitting in a doctor's waiting room
4	Going to a library or museum
4	Eating in a restaurant (outside)
4	Walking in a busy downtown
4	Spending an hour at a playground
5	Having dinner at someone else's house

Opening the mail

၁	Snopping at a mail
6	Sending kids to school, camp, or day
6	Working a week in an office building

Going to a beach

Attending a backyard barbecue

Swimming in a public pool

Visiting an elderly relative or friend in their home
Going to a hair salon or barbershop

Eating in a restaurant (inside)Attending a wedding or funeral

Traveling by plane
Playing basketball

Playing football

Hugging or shaking hands when greeting a friend

Eating at a buffet

Going to an amusement park

Working out at a gym

Going to a movie theater

Attending a large music concert

Going to a sports stadium

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Attending a religious service with 500+ worshipers

9 Going to a bar

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